



PROUDLY SPONSORED BY

October Events



HIKES | NATURE | COMMUNITY | WELLNESS

Connect • Explore • Empower 

- SAT
3

 Terraces & Rockslides (HD)
- SAT
17

 Bambaroo Track (FD)
- SAT
17

 Smedley's Hut
- SAT
17

 Hidden Falls
- SAT
17

 Gold Ck Falls, Paluma (FD)
- TUE
20

 Trivia Night 
- SAT
24

 Nelly - Horseshoe Bay Loop, Magnetic Island (FD)
- SUN
25

 Sandy Ck, Bowling Bay NP (FD)
- SAT
31

 Pink Ribbon Walk & BBQ Breakfast, Apex Park 

**FD = Full Day Event / HD = Half Day Event



WEEKDAY WALKABOUTS:

- !

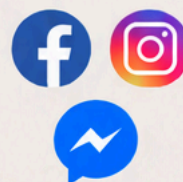
Monday: JCU Stairs am
- ♥

Tuesday: Heart Foundation Walk 5.15 pm
- ⬆

Tuesday: Wulguru Hills am
- 🏰

Wednesdays: Castle Hill 5.30 am
- 👟

Fridays: Castle Hill am



Every step is a step to health, happiness and connection. 

